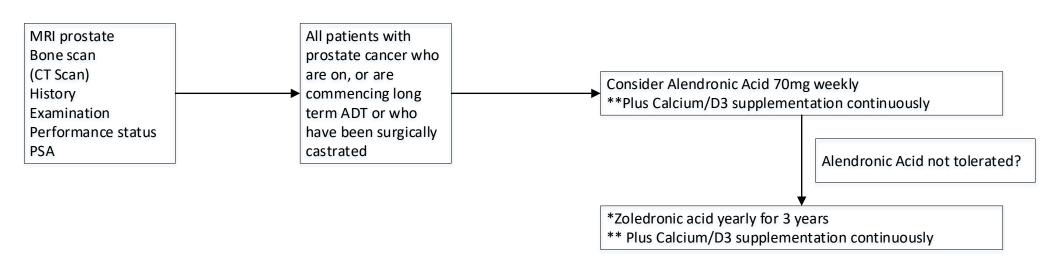
North of Scotland Clinical Management Guideline (CMG):Prostate Cancer: Bone Health Last Updated 07/03/2023

Lead Author: NCA Prostate Cancer Pathway board (adapted from WOSCAN guidance) File Reference: NCA-CMG-PCBH

Approved: 02/03/2023 **Published:** 07/07/2023

For symptoms of suspected urological cancers, please refer to the <u>Scottish Referral Guidelines for Suspected Cancer</u>

Initial Evaluation Treatment



*Zoledronic acid 5mg dose. Patient will also require a single dose of cholecalciferol 100,000 units orally 2-4 weeks prior to the zoledronic acid infusion.

**Suggested dose Calcium 1000mg and vitamin D 800i/U daily.

If the patient is already taking regular oral vitamin D supplements, then the additional dose of cholecalciferol may be omitted.

All patients should attend for a dental check up before commencing therapy and be provided with 'Letter for Dentist and patient information leaflet.

Note: this guideline is for maintaining bone health and the prevention of osteopenia/osteoporosis for men on long-term ADT – it is not for the treatment of bone metastases. Refer to local board guidelines and protocols.

